

31 DAY

PROVERBS CHALLENGE



READ ONE CHAPTER PER DAY FOR 31 DAYS

Proverbs 1

Proverbs 2

Proverbs 3

Proverbs 4

Proverbs 5

Proverbs 6

Proverbs 7

Proverbs 8

Proverbs 9

Proverbs 10

Proverbs 11

Proverbs 12

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Proverbs 14

Proverbs 15

Proverbs 16

Proverbs 17

Proverbs 18

Proverbs 19

Proverbs 20

Proverbs 21

Proverbs 22

Proverbs 23

Proverbs 24

Proverbs 25

Proverbs 26

Proverbs 27

Proverbs 28

Proverbs 29

Proverbs 30

Proverbs 31

Key Verse: Proverbs 1:7

The fear of the Lord is the beginning of knowledge;
fools despise wisdom and instruction.

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INTRODUCTION TO PROVERBS

Author and Date

Proverbs itself mentions Solomon (reigned c. 971–931 B.C.) as author and collector of its contents (1:1; 10:1).

Goal of Proverbs

The goal of the book is stated at the beginning (1:1–7): to describe what wisdom is and to help God’s people become wise. The foundation of Wisdom is built upon the “fear of the Lord,” and it enables believers to express their faith in the practical details of everyday life.

Audience

The book is addressed to a young man to help him learn how to navigate life with Biblical wisdom and avoid the deception of foolishness. All followers of the Lord can learn from these lessons and apply them in everyday life.

Key Themes

Proverbs is a book of wisdom and it gives practical advice for believers of all ages and all backgrounds. It gives wisdom offers wisdom on many topics: from developing Biblical friendships to seeking wise counsel to principles of a healthy marriage to raising children with a Biblical foundation. It gives advice on living a God-honoring life, seeking the peace of the Lord, choosing words of integrity, and learning to work hard for the Lord in all areas of life.

FOOLPROOF